



Your First Group Meeting

Notes For Leading

Your first meeting as a Life Group is more of a social gathering. You may be eager to jump into the study but beginning the process of cultivating relationships is essential to the group experience. The depth of your relationships will drive the quality of your discussions. Before the meeting, send your group members an email, text, or call confirming the date and time of the meeting and providing them with directions to your meeting place. Let them know the start and end time to your group meeting. Letting them know this information helps to create a predictable environment.

This first meeting is also the best time to set some expectations for your group. Life Groups are about connecting, building authentic friendships as we all take the next step in our walk with Christ.

Have a conversation about caring for your group. The primary way care happens at Life Fellowship is through Life Groups. Rally everyone around the idea that for the next several weeks this is our family. When someone in the group is going through a circumstance that requires care (hospital visits, prayer, or some other type of support), the group rallies around them and takes care of them.

Before you end the meeting, ask your group members this question: What do you hope to get out of this group experience? Let them know what you hope to get out of the experience of leading them.