



How to create good group dynamics:

Set expectations.

A key to helping people feel comfortable in your group is to let them know what to expect. Take time to share how the group will flow from week to week. This can include things like explaining the times you will begin and end the group, how discussion or group activities will happen, and how group members can share prayer requests or best engage in the group.

Follow the 70-30 rule.

Give the members of your group room to speak up instead of doing all the talking yourself. About 70% of talking should come from members and 30% from the leader. You are a facilitator for connection and discussion.

Keep discussion positive.

If conversation takes a negative or destructive turn, guide it back to a healthy place. If someone needs to talk about a sensitive or complex issue, you can follow up with them after the group or call your Section Leader to help you respond well.

Keep the conversation relevant to everyone.

Remember people in your group will be at different places in their spiritual journey. Be thoughtful when you talk about spiritual concepts or church terms that might be unfamiliar to new Christians or new church-goers.

Respect boundaries.

Men should minister to men and women should minister to women. A couple may minister to a single person. We want to maintain integrity and purity in our Life Groups. These boundaries will help protect the leaders and group members from entering into an uncomfortable or inappropriate situation.