

Big Idea

We need a fresh breath of God in our lives. This precious source of fresh air comes from the Holy Spirit. The Hebrew and Greek word for “Holy Spirit” are “Ruwach” (in the Old Testament) and “Pneuma” (found in the New Testament). The word means “a wind, a blast of breath or a strong breeze.” Wind, in the physical sense, is much like the Holy Spirit when we get to know Him. It is unseen. It is powerful. It is *refreshing*.

The Holy Spirit is someone that we feel, He is to be encountered. When we seek the Spirit, with all our heart, we find Him. To find Him is to know Him and to know Him is to love Him. To love and be loved by Him is to be refreshed on the inside.

Scripture

- We can't fathom the vastness and greatness of the Holy Spirit. We need to let go of our fears and misperceptions. (Proverbs 3:5)
- We must go all in. When we pursue Him, we will find Him when we seek with *all* our heart. (Jeremiah 29:13)
- We have to have fellowship with Him. He wants to have an intimate friendship with us. (2 Corinthians 13:14)

Discussion Question

- Share a time when you felt the Holy Spirit move in your life.
- What holds you back from fully submitting everything to God?
- What are some practical steps you can take to grow in your relationship with the Holy Spirit?

Prayer Focus

Holy Spirit, search me and make your home within me. Fill every space of my heart and mind with Your thoughts. Your ways are higher than my own. Let all that I do, every word that I say glorify You. Know me and cleanse me so that I may know You more.

Next Steps

- What's one practical step you can take this week to move one step?
- Spend time this week enjoying God through song, prayer and scripture. Create an environment to experience God by finding a quiet place where you can sing and pray out loud.
- No matter where you are on your spiritual journey, you need Godly people around you supporting you, praying for you, and encouraging you. Our Fall Life Groups Semester just began, so go to lifefellowship.tv/groups to browse the Online Directory and find a group that fits your schedule and interests. Community is waiting for you!

Leader Tip

Encourage transparency in your group by sharing which of these truths spoke the most to you this week. Share what you're walking through and how God is speaking to you in your current season.