

Big Idea

Having the right attitude, breathes fresh air in our lives. We will always have opportunity to have a bad attitude, because life isn't easy. The bible tells us that in the end times, people will be; ungrateful, unholy, unloving, unforgiving. We can learn from Jesus' example. Even on his worst day, when he was crucified, he surrendered to the Lord and released his will. Not my will, but yours be done. We can't always control what happens to us, but we can control our response. Here are steps we can take, to have a more Christ-like attitude:

- Make the choice every day.
- Find something positive.
- Turn everything over to God.
- Choose a Christ-like attitude.

It can't be God's problem, and your problem at the same time.

Scripture

- Give thanks in all circumstances, for this is God's will for you in Christ Jesus. 1 Thess 5:18
- Finally, brothers whatever is true, whatever is noble, whatever is right, whatever is pure, lovely, admirable - if anything is excellent or praiseworthy – think about such things. Philip. 4:8
- Your attitude should be the same as that of Christ Jesus: who, being in very nature God, did not consider equality with God something to be grasped, but instead made himself nothing, taking the very nature of man he humbled himself and became obedient to death – even death on a cross! Philippians 2:5-11

Discussion Question

- How can we live a more optimistic life?
- Of the 'attitudes' listed above, (ungrateful, unholy, unloving, unforgiving) which do you struggle with the most?
- Is there a problem/difficulty that you are carrying, that you should hand over to God? What's holding you back?
- Share one thing you did this week that is Christ-like?

Next Steps

- What's one practical step you can take this week to move one step?
- Spend time this week enjoying God through song, prayer and scripture. Create an environment to experience God by finding a quiet place where you can sing and pray out loud.

Prayer

Jesus thank you for setting an example of surrendering your will, to the Father. Help me to have an attitude that is pleasing to you and full of faith. I know that you are good, you do good, and you work all things together for my good. Thank you for letting me cast all my cares on you, I trust you to work in my life.

Leader Tip

Encourage transparency in your group by sharing which of these truths spoke the most to you this week. Share what you're walking through and how God is speaking to you in your current season.