

## Big Idea

**Teachability.** Many of us have a desire to be better and to grow as a friend, a spouse, a parent, or in the workplace. Proverbs clearly communicates the importance of teachability; in fact, 26 of its 31 chapters discuss it! So, if we truly want wisdom, we must learn to be teachable. The Bible says that the wise are glad to be instructed, but fools are not (Proverbs 10:8). We must have a listening heart and a learner mindset in order to experience the growth God intends.

A listening heart:

- Is humble. We must choose to lay down our pride and walk in humility. Proverbs 11:2
- Has a desire to grow. We must posture ourselves to learn and understand that growth can be painful. Proverbs 27:17
- Embraces correction. Correction is NOT rejection, but sometimes it may hurt our feelings. We must rise above the temptation to take offense and learn to love discipline. Proverbs 12:1

What does a Learner do?

- Learners initiate. Make a list of questions and ask others for feedback. James 1:5
- Learners thirst for unconventional inspiration. Seek out those who are doing what you are doing, but even better!
- Learners have an insatiable appetite. Be like the hummingbird; which consume half of their body weight every day. Consume all the godly wisdom and counsel you can. Remember that learning is a marathon, not a sprint; there is *always* more to learn!
- Learners inspire. A posture of humility and teachability will inspire others and deposit good seeds into the hearts of those who see your example. James 3:18

*The habit of a teachable spirit produces a life of consistent wisdom.*

## Scriptures

- “Those who trust their own insight are foolish, but anyone who walks in wisdom is safe.” (Proverbs 28:26)
- “As iron sharpens iron, so a friend sharpens a friend.” (Proverbs 27:17)
- “People who despise advice are asking for trouble; those who respect a command will succeed. The instruction of the wise is like a life-giving fountain; those who accept it avoid the snares of death.” (Proverbs 13:13-14)

## Discussion Questions

- Are you willing to embrace the pain of correction to see the results of growth? Is there any area(s) of your life where you have been resisting correction? Please share.
- What would it look like for you to lay down your pride and walk in humility in this area(s)? What changes would you need to make?
- Who might you be able to reach out to this week to ask the question, “How can I be better?”

## Prayer Focus

Father help me to posture my heart in humility. May I learn to love your discipline! I ask that you give me a teachable heart in every area of my life; I want to embrace growth and allow the Holy Spirit to work in me. Surround me with godly friends and mentors who will speak life and correction to me. Help me become all that you’ve created me to be.

## Next Steps

What’s one practical step you can take this week to grow and be taught in a specific area?

Create an environment to spend time with God by finding a quiet place to sing and pray out loud. Ask the God to teach you from the what you read in the Bible.

## Leader Tip

Encourage transparency in your group. Share which of these truths spoke to you and how God is speaking to you.