

Big Idea

The enemy of contentment is comparison. Never have we had more but enjoyed less. Comparison kills contentment. Contentment in life comes by accepting that God is your source. When you are in your God-ordained purpose, you won't have time for comparison.

Three truths about comparison:

- The wrong perspective. "The fastest way to kill something special is to compare it to something else" Craig Groeschel.
- The wrong presumption. Comparison is a moving target – it teaches you that what you have isn't enough. "I think everyone should get rich and famous and do everything they dreamed of doing to see that it's not the answer" Jim Carrey.
- The wrong person. You end up living for the wrong person – you forget you and the life God intended for you.

Three truths about contentment:

- Realize what we have. God wants to hear the list of things that are not right in our lives, but he doesn't want us to live in that list. God is so good.
- Make God your source.
- Live our life on mission.

Scripture

- "The fear of the Lord leads to life; then one rests content, untouched by trouble" Proverbs 19:23
- "A heart at peace gives life to the body, but envy rots the bones" Proverbs 14:30
- "I am not saying this because I am in need, for I have learned to be content whatever the circumstances. I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or want. I can do all things through him who gives me strength" Philippians 4:11-13

Discussion Question

- Have you/do you struggle with comparison? Please share.
- Have you ever experienced FOMO (fear of missing out)? If so, in what way?
- What would you describe as your God-ordained purpose?

Prayer Focus

Father, thank you for all that You give me. Forgive me for discontentment and help me to focus on all that I have. I know that every good and perfect gift, comes from you. Help me to discover my purpose, and use it to bring honor to you. In Jesus name, amen.

Next Steps

- Make a gratitude list and count the blessings in your life.

Leader Tip

Encourage transparency in your group by sharing which of these truths spoke the most to you this week. Share what you're walking through and how God is speaking to you in your current season.